



# Sugar Free Journey

*Naomi Kingery*

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## **Sugar Free Journey** Naomi Kingery

Introducing the fourth and final part of The Sugar Free Series, a book series by Naomi Kingery about the emotions involved in living with diabetes. A decade after a diagnosis with type 1 diabetes, Naomi Kingery invites readers to travel alongside of her to consider the blessings and sorrows a person with diabetes packs on their journey. With reflections on personal stories and similarities of life-lessons learned through common travel scenarios, Kingery offers an opportunity to make sense of the highs and lows experienced along the way. If you are currently on a life journey with diabetes, or support someone on this journey, embark on this trip with The Diabetic Diva®! The author Naomi Kingery has also written Sugar Free Me, Sugar Free Teens and Sugar Free Support. She is currently a student who serves as a diabetes advocate, blogger, and an employee for the diabetes business unit of Medtronic.

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