



# Eft Language: Creating It and Going with the Flow - Book One

*Sophia Cayer*

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# Eft Language: Creating It and Going with the Flow - Book One

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## **Eft Language: Creating It and Going with the Flow - Book One** Sophia Cayer

Inside "Eft Language: Book 1", you'll learn how to: Create and more fully understand the language of Eft - Sharpen & trust your intuitive abilities - Build your self-confidence - Enhance the Art of Delivery - Avoid Common Mistakes - Deepen your Eft experience - Maximize your results - - Learn how to use Eft in more effective ways! You can look forward to learning beneficial strategies from Sophia's own experience: How to expand your language skills, get out of your own way, and truly tune in and connect with your client. --Who might benefit from this book? -- Beginner, Intermediate or Advanced Practitioners - Anyone working through his or her own issues - Aspiring Practitioners - Workshop Providers - Medical Professionals - (in other words - anyone interested in Eft!)

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