



Food, Nutrition and the Nitric Oxide Pathway

Edited by Nathan S. Bryan

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Original work on diet and disease

Shows novel ties between foods and NO enhancement

Offers evidence-based nutritional interventions

Practical source for specialists investigating food and health

This book provides a scientific analysis of the effects of foods and nutrients on the NO pathway in humans. Contributors to the book clarify novel chemical and biochemical connections between dietary intake and nitric oxide, particularly in cases of NO deficiency. In this context, the book addresses how specific foods can restore nitric oxide production and bioactivity--without medical interventions. A variety of evidential data is presented showing how NO-rich dietary elements are implicated in disease prevention and modulation. The book offers new knowledge for food technologists, food manufacturers, nutrition researchers, and healthcare practitioners. From the Foreword by Louis J. Ignarro, Nobel Laureate in Physiology/Medicine "The body of work contained in this volume, linking NO to food and nutrition, may have revolutionary implications in terms of developing strategies to combat heart disease and many other contemporary diseases associated with NO deficiency. Proving that a natural and inexpensive regimen of foods rich in nitric oxide activity does restore NO homeostasis can have profound effects on human health...The research presented in this text provides an important expansion of NO work...(and) Dr. Nathan Bryan, the editor...is to be congratulated for...communicating new knowledge and assembling the world's experts in their fields."

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