



Why Your Depression Isn't Getting Better: The Epidemic of Undiagnosed Bipolar Disorders

Michael Bartos M.D.

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Peter was called an alcoholic, and he was sent to an alcohol treatment center, but alcoholism was not his main problem. Jason was sent to the hospital as an angry, acting out adolescent. He got better only after his bipolar condition was recognized. Diane was labeled a "borderline personality disorder" until a careful evaluation revealed the underlying truth. Ann looks like a crank abusing speedster. Could she just be treating her hyperactivity? These are some of the stories of people who were diagnosed with common psychological problems, but who never improved until the true nature of their underlying illnesses were discovered. Maybe some of these people are just like you. The doctors keep giving you pills and you wonder, Why Your Depression Isn't Getting Better.

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