



Misdiagnosed: The Adrenal Fatigue Link

Dr. Steven Zodkoy D.C.

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Are you tired of not feeling right? Would you like to feel more relaxed, calmer, and happier while living with less pain? Have you had enough of knowing there is something wrong with your body but not getting the answers you need from your physician? Are you starting to realize that something else needs to be done?

If you answered yes to any of these questions, then you are reading the right book!

I wrote this book for you, the reader, and not for your physician. I have taken some minor liberties with the technical wording and purposely kept the medical jargon and clinical research to a minimum. The purposes of this book are to clearly define and explain adrenal fatigue, to provide tools to help you determine if you suffer from adrenal fatigue, and to deliver a concise course of action for you to achieve optimal health. The information presented is vastly superior to what most physicians know or understand. Please share it with those who are open-minded enough to learn.

“As a mother of eight and a U.S. Marine, I have seen much across the physical and emotional spectrum. Of all that I have accomplished, one of the most significant would be to get you to trust what Dr. Zodkoy tells you. This is not a theory. I have experienced and seen the life-changing results time and again. Don't wonder if it works; it does. It is transformational. Don't wait.”

—Brigadier General Marcela Monahan, USMC

“This book is for anyone serious about embracing a natural approach to an improved life—at any age.”

—Janet Bray Attwood, New York Times Bestseller & Co-author of *The Passion Test*

“Get inspired to make good choices and live more healthfully, vibrantly, and youthfully with the tips and advice that Dr. Steven Zodkoy offers in his new book, *Misdiagnosed: The Adrenal Fatigue Link*.”

—Sammy Pyon, DC

A must read for anyone:

- looking for the answer to why modern medicine has failed them
- wanting to understand the hidden cause of their health issues
- trying to improve their physical and mental health
- who is ready to start enjoying life again
- interested in feeling younger, happier, and more alive

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