



Getting a Grip on Diabetes: Quick Tips & Techniques for Kids and Teens

Spike Nasmyth Loy, Bo Nasmyth Loy

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Kids helping kids get a hold of their diabetes

Getting a Grip on Diabetes is the first and best book on diabetes for kids—and it's written by kids! The first edition was wildly popular, and this updated guide promises to continue the appeal. New chapters take kids through the authors' personal experiences and tips for life into college and beyond.

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