



The Bridge to Forgiveness: Stories and Prayers for Finding God and Restoring Wholeness

Rabbi Karyn D. Kedar

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Embrace forgiveness as a spiritual principle and discover a new closeness with the Divine.

Forgiveness is a spiritual path that you embark on with intention and vision, purposefully seeking to bridge the gap between your hurt and suffering and your sense of wholeness and resilient inner light—the light of God.

This inspiring guide for healing and wholeness supplies you with a map to help you along your forgiveness journey. Deeply personal stories, comforting prayers and intimate meditations gently lead you through the steps that allow for the evolution of forgiving—loss, anger, acceptance, learning, forgiveness and restoration. Tapping both ancient and contemporary sources for the nourishment and strength needed as you seek to rekindle inner peace, this book tenderly whispers encouragement as you are brought to—and realize you are able to cross—your own bridge to forgiveness.

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