



Becoming a Belly Dancer: From Student to Stage

Sara Shrapnell, Dawn Devine, Alisha Westerfeld, Poppy Maya

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Becoming a Belly Dancer is a stagecraft handbook that provides valuable information, learned-in-the-trenches tips, and guidance for belly dancers who are ready to take the step from student to performer. Sara Shrapnell, author of "Teaching Belly Dance" and Dawn Devine, author of "Cloth of Egypt" and 13 other belly dance and costuming books, including the bestselling "Embellished Bras" and the now classic "Costuming from the Hip", have collaborated to produce "Becoming a Belly Dancer". Between them, they have more than 50 years of combined experience as performers, teachers, dancers and costume designers. Alisha Westerfeld explored the established and upcoming talent of the Bay Area to bring her beautiful photography to the project. International belly dance celebrity and costume designer Poppy Maya adds her own special brand of "Additional Awesomeness" to the book, and the input of a young dancer, currently making her living through belly dance. The authors hope to bring the warmth, support, and humor of a teacher in absence, a true friend and a trusted advisor who has only one main goal: you. They want to focus on helping you be the best prepared physically and mentally for the challenges of performing for friends, family, the dance community, and the greater society, both in person at public venues, and via media available on the internet. The book covers improving your dance skills, good practice habits, preparing physically and emotionally, critiquing, picking your music and venues and dancer etiquette. In addition the book includes extensive sections on costume design and selection, sewing and no sewing costumes, accessorizing, hair and makeup and presenting to the world the very best belly dancer that you can be. "Becoming a Belly Dancer: From Student to Stage" is a useful and inspiring tool that will help belly dancers to be ready for the big day, so they can dazzle, impress and wow with talent and style.

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