



The Pumpkin Cookbook, 2nd Edition: 139 Nutritious Recipes for Year-Round Enjoyment

DeeDee Stovel

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The 139 recipes in *The Pumpkin Cookbook* celebrate the varied ways tht pumpkin can be used in everything from appetizers and snacks to soups, salads, main courses, side dishes, and desserts. Some of DeeDee Stovel's creative spins on incorporating this highly nutritious, low-fat vegetable into delicious dishes include: Caribbean Black Bean Pumpkin Soup; Pumpkin Sage Risotto; Spring Spinach Salad with Strawberries and Pepitas; White Bean, Chicken, and Pumpkin Chili; Pumpkin Pizza with Gorgonzola Cheese; Pork Tenderloin with Red Wine Pumpkin Sauce; Lemon-Pumpkin Strudel; Chocolate-Pumpkin Brownies with Apricot Surprise — and seven different kinds of pumpkin pie!

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