



Fasting for Ramadan: Notes from a Spiritual Practice (Tupelo Press Lineage Series)

Kazim Ali

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To go without food from dawn to dusk for the month of Ramadan - how does this feel? When we deny our major appetites, what do we become? Kazim Ali brings a poet's precision and ardor to his brilliant meditations on ritual fasting. Jane Hirshfield, author of *AFTER* and *NINE GATES*, says: "Kazim Ali -- a writer whose powers astonish in everything he puts pen to -- has made in *FASTING FOR RAMADAN* a book that is hybrid, peregrine, and deeply, quietly revelatory. Ali's meditations on the month-long ritual fast unfold, across cultures and spiritual practices, the deep meaning of a chosen foregoing. These journal-born pages are both intimate and public, at once ecumenical, particular, daily, and eloquently learned; planted on the deep roots of tradition, they breathe this moment's air. Is it possible for a work to be at once modest and an undeniable tour de force? This book proves: it is."

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