



A Year of Journaling: 365 Writing Prompts for Inspiration and Self-Discovery

Zoe Cannon

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Maybe you've been wanting to get into the journaling habit, but aren't sure how to get started. Maybe you already keep a journal, but find yourself struggling for ways to fill the pages. Maybe you're a veteran journal-writer looking for occasional inspiration. Either way, this beautifully-decorated book will keep you coming back to the blank page day after day.

In these pages you'll find a thought-provoking question for every day of the year. The daily prompts will get you writing about topics including:

- Your memories
- The present moment
- Daydreams
- Hopes and fears

...and many more.

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