



Business Travel Success: How to Reduce Stress, Be More Productive and Travel with Confidence

Carol Margolis

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Do you feel unhealthy and stressed while traveling? Do your relationships suffer when you're away?

Whether you travel every week or are traveling for the first time, Business Travel Success offers strategies to become healthier, less stressed, more productive and confident, all without sacrificing the personal relationships that make coming home worthwhile!

Utilizing the tools in Business Travel Success, you will learn tips to help you conquer traveling hurdles like:

- packing
- flying and driving
- safety
- family relationships
- solo travel
- social media

And much more!

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